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HARMONY OF THE MONGOLIAN STEPPE



**Attukal Pongala:
HONOURING THE DIVINE
FEMININE WITH DEVOTION**

HUES OF LIFE



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Contents

06 | ATTUKAL PONGALA:
HONOURING THE DIVINE
FEMININE WITH DEVOTION



12 | FROM MOTI MAHAL TO YOUR
PLATE: THE GLOBAL IMPACT
OF BUTTER CHICKEN

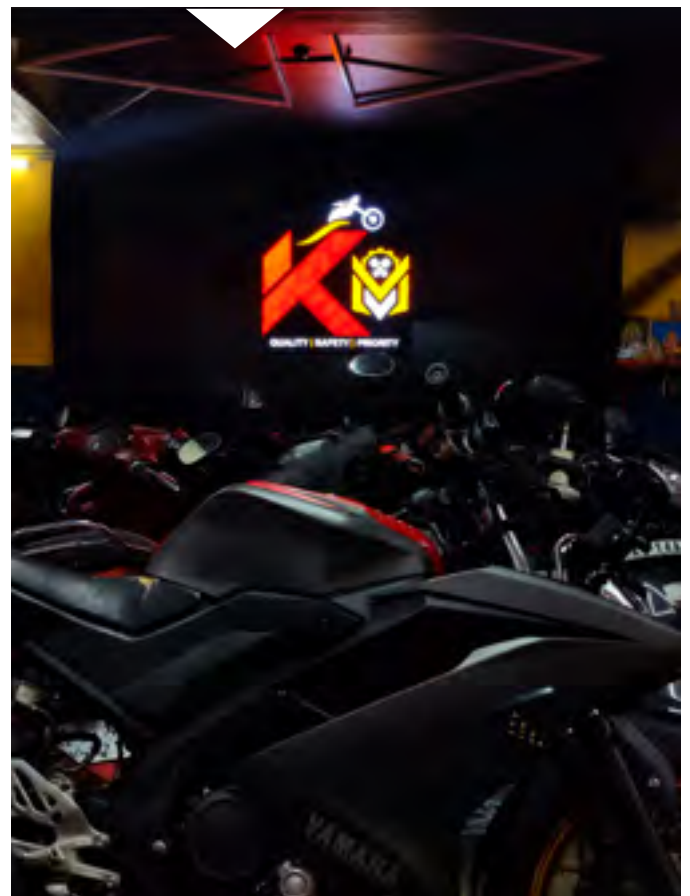
16 | EXCEL BEYOND EXAMS : A
BLUEPRINT FOR SUCCESS IN
SSLC AND PLUS TWO

20 | HARMONY OF THE MONGOLIAN
STEPPE: A NOMADIC SONATA
ACROSS TIME AND TERRAIN

24 | THE BOND BETWEEN HUMANS
AND ANIMALS: EXPLORING THE
BENEFITS OF PET OWNERSHIP

28 | LOVE UNBOUNDED: A DEEP
DIVE INTO VALENTINE'S DAY
CELEBRATIONS AMONG FAMILY
AND FRIENDS

32 | INTRODUCING KV MOTORS:
ELEVATING TWO-WHEELER
CARE TO NEW HEIGHTS

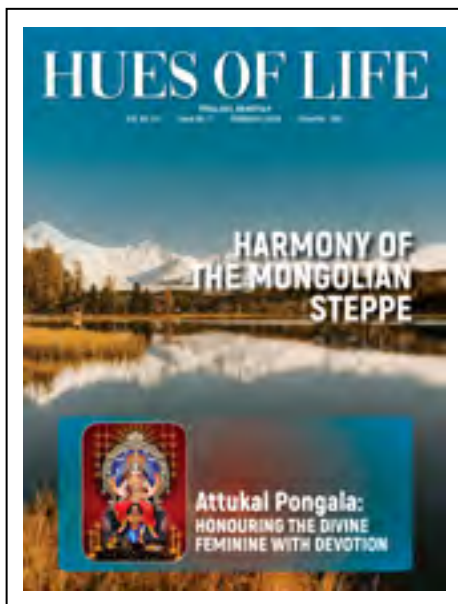


34 | KATHAKALI NATANAM:
UNVEILING THE ELEGANCE OF
KERALA'S TIMELESS DANCE
HERITAGE

HUES OF LIFE

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editor's Desk

Dear Readers,

Embrace the enchantment of the February edition of HUES OF LIFE, where each page beckons you into a world of boundless wonder and connection.

Step into the resplendent Attukal Pongala festival, where millions of devoted souls converge, creating a mosaic of unity that shimmers like a vast ocean under the sun's loving gaze. Feel the pulse of life in every vibrant hue as you journey through the sacred rituals and joyous celebrations that transcend time and space.

Venture further into the tranquil landscapes of Mongolia, where the earth's secrets are whispered through the winds and hidden gems await the intrepid explorer. Lose yourself in the majestic beauty of rolling plains and towering mountains, where the soul finds solace amidst nature's grandeur.

As you immerse yourself in the richness of our pages, indulge in the savoury history of Butter Chicken, a culinary masterpiece that traces its roots across continents, uniting hearts and palates with its aromatic embrace. Delve into the wisdom tailored for students navigating the intricate pathways of academia, guiding them with insights as invaluable as they are timeless.

Join us on this journey of discovery and celebration, as HUES OF LIFE invites you to embrace the diversity and abundance of existence, finding beauty and meaning in every moment.

Nijith Raj

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Attukal Pongala:



***Honouring the Divine
Feminine with Devotion***

Nestled amidst the tranquil landscapes of Thiruvananthapuram, the Attukal Bhagavathy Temple emerges as a beacon of spirituality and devotion. Here, towards the backdrop of historical rituals and undying traditions, hundreds of thousands of ladies acquire yearly to partake in the grand spectacle known as Attukal Pongala. This sacred occasion, steeped in myth and legend, transcends mere spiritual observance, turning into a party of cohesion, power, and female grace.

The Essence of Attukal Pongala

Attukal Pongala isn't always simply a festival; it's miles a profound expression of religion and devotion. Women from all walks of existence, adorned in colourful attire, come together to put together 'Pongala,' a candy rice pudding, as an providing to the revered Attukal Devi. Each pot of Pongala symbolizes no longer handiest gratitude but also the collective aspirations and hopes of womankind.

Mythology and Legend

Legend has it that the origins of Attukal Pongala trace back to the divine intervention of the Goddess Bhagavathy herself. Her apparition before a religious circle of relatives led to the establishment of the Attukal Bhagavathy Temple, which has because end up a sanctuary of feminine devotion. The festival additionally will pay homage to Kannaki, the embodiment of girl power and resilience, whose adventure serves as a supply of proposal for generations.

A Spectacle of Splendour

In the days leading up to Pongala, Thiruvananthapuram transforms right into a vibrant tapestry of colours and sounds. Streets come alive with the melodious strains of traditional track, even as the aroma of delicacies fills the air. On the day of the festival, the town turns into a spectacle of splendour, with colourful processions, enchanting dances, and the rhythmic beats of traditional drums captivating the senses.

Unity in Diversity

Attukal Pongala transcends boundaries of caste, creed, and social fame, fostering an experience of harmony and camaraderie among ladies. From humble families to opulent palaces, women from all walks of life converge to partake on this sacred ritual, putting aside differences to celebrate their shared devotion to the divine.





Empowerment and Resilience

At its centre, Attukal Pongala is a party of girl empowerment and resilience. In a society where women regularly face demanding situations and obstacles, this pageant serves as a reminder in their inherent electricity and style. Through centuries, girls have discovered solace and empowerment of their collective devotion, reaffirming their area as bearers of tradition and torchbearers of faith.

Spiritual Renewal

For many devotees, Attukal Pongala is extra than just a pageant; it's far a adventure of the soul, a pilgrimage of the heart. Amidst the serene environment of the temple, girls find solace and spiritual renewal, reaffirming their connection to something greater than themselves. In the gentle glow of sunrise, amidst the perfume of incense and the rustle of palm fronds, they find out a sense of peace and tranquillity.

Cultural Heritage

Attukal Pongala is a party of Kerala's rich cultural historical past and traditions. From the age-vintage rituals exceeded down via generations to the colourful folk dances and track, the competition embodies the essence of Kerala's cultural identification. It serves as a reminder of the long-lasting legacy of the land and its people.





Global Recognition

With its grandeur and importance, Attukal Pongala has garnered global reputation, drawing pilgrims and site visitors from a ways and wide. Its inclusion within the Guinness Book of World Records as the most important amassing of girls for a competition is a testament to its cultural and non secular importance. Each 12 months, the competition maintains to captivate hearts and minds, leaving a long-lasting impact on all who experience its splendour.

Cultural Diversity and Inclusivity

Attukal Pongala stands as a beacon of cultural diversity and inclusivity, welcoming girls of all backgrounds and beliefs to take part in its sacred rituals. Regardless of caste, creed, or social popularity, every female is embraced as an fundamental a part of the birthday celebration, fostering a sense of harmony and harmony among all who accumulate. This spirit of inclusivity displays the essence of Kerala's cultural ethos, where diversity is celebrated as a supply of strength and enrichment.

Environmental Consciousness

In recent years, there has been a growing emphasis on environmental recognition inside the celebration of Attukal Pongala. Efforts are made to reduce the ecological footprint of the pageant, with tasks along with using eco-friendly materials for cooking and the advertising of sustainable practices. This commitment to environmental stewardship underscores the reverence and appreciate for nature inherent in Kerala's cultural heritage.

Spiritual Reflection and Renewal

For many devotees, Attukal Pongala serves as a time of spiritual mirrored image and renewal. Amidst the keenness of the festivities, there are moments of quiet contemplation and introspection, as individuals are seeking for to deepen their reference to the divine. Through prayer and meditation, they discover solace and electricity, drawing proposal from the undying traditions and sacred rituals which have persisted through time.

Global Impact and Outreach

Beyond its local importance, Attukal Pongala has a international effect, resonating with people of diverse backgrounds and cultures around the arena. Through media insurance and word of mouth, the pageant has garnered worldwide attention, drawing pilgrims and traffic from some distance-flung corners of the globe. This worldwide outreach now not best enriches the cultural trade however also fosters a greater appreciation for Kerala's rich heritage and traditions. As Attukal Pongala keeps to captivate hearts and minds global, it serves as an effective testimony to the enduring energy of religion, harmony, and devotion.

Attukal Pongala: A Guinness World Record

In the annals of history, Attukal Pongala stands as a testament to the unwavering faith and devotion of hundreds of thousands of women who accumulate annually to partake in this sacred ritual. Over the years, this respected competition has now not most effective captured the hearts



of devotees but has additionally etched its name in the annals of the Guinness World Records.

The Guinness World Record for Attukul Pongala changed into executed in 2009, marking a ancient milestone inside the realm of spiritual gatherings. On that auspicious day, over 2.5 million women congregated in Thiruvananthapuram to participate in the pageant, placing a new benchmark for the biggest gathering of ladies for a single occasion.

The magnitude of this success cannot be understated. It is a testament to the sheer scale and importance of Attukul Pongala, which transcends regional limitations and resonates with humans from all walks of existence. The competition's international recognition serves as a shining example of the profound effect of faith and subculture on a global scale.

The Guinness World Record no longer only acknowledges the cultural and spiritual significance of Attukul Pongala but additionally highlights the team spirit and unity fostered by the festival. It is a party of diversity, inclusivity, and collective devotion, as ladies from diverse backgrounds come collectively to provide their prayers and seek advantages from the divine.

Furthermore, the Guinness World Record has helped raise the profile of Attukul Pongala on the worldwide stage, attracting attention and admiration from people round the sector. It has grown to

be a symbol of Kerala's rich cultural historical past and serves as a source of pride for the entire community.

As Attukul Pongala

keeps to captivate hearts and minds, its Guinness World Record remains a long-lasting testimony to the electricity of faith, unity, and devotion. It is a reminder that within the tapestry of human enjoy, moments of collective birthday party and reverence have the strength to transcend time and space, leaving an indelible mark on the pages of history.

In the sacred precincts of the Attukul Bhagavathy Temple, amidst the reverent chants and the supplying of Pongala, a undying way of life unfolds. Attukul Pongala isn't always merely a festival; it's miles a celebration of faith, harmony, and feminine grace. Through centuries, it has remained an image of empowerment and resilience, inspiring generations to embody their background and forge a deeper reference to the divine. As the sun units on any other day of festivities, the spirit of Attukul Pongala lives on, weaving a tapestry of devotion that transcends time and space.





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***From Moti
Mahal to Your
Plate:***

**THE GLOBAL IMPACT OF
BUTTER CHICKEN**

In the vibrant mosaic of global cuisine, few dishes have woven their way into the hearts and palates of people worldwide like the celebrated Butter Chicken. This delectable creation, also known as Murgh Makhani, stands as a testament to culinary ingenuity, skilfully transforming leftovers into a culinary masterpiece. Our journey commences in post-independence India, where Kundan Lal Gujral, the visionary founder of Moti Mahal, embarked on a quest to elevate day-old tandoori chicken into something extraordinary. Unbeknownst to him, this ingenious endeavour would birth a gastronomic revolution that transcends cultural boundaries.

Gujral's culinary alchemy unfolded in Moti Mahal's bustling kitchens, where he marinated tandoori chicken in a harmonious blend of yogurt and spices, imparting a smoky flavour from the traditional clay tandoor. This marinated chicken then underwent a delicate transformation, simmering in a velvety tomato-based gravy enriched with butter and cream. The result was not just a dish; it was a symphony of flavours that far surpassed its humble origins, capturing the attention and palates of people worldwide.

The Perfect Marriage of Flavours

Butter Chicken's enchantment lies in the meticulous balance of spices, creating a sensory experience that marries the familiar with the exotic. Garam masala, cumin, coriander, and turmeric join forces in a delightful dance that tickles the taste buds. The addition of cream and butter

not only imparts a luscious richness but also tempers the heat of the spices, rendering it accessible to a diverse range of palates.

As the dish gained popularity, innovative chefs began experimenting with variations, introducing nuances to the traditional recipe. Some incorporated cashew paste for extra creaminess, while others added a touch of sweetness with honey or sugar. These adaptations only served to further fuel Butter Chicken's global appeal, transforming it into a versatile dish that could be tailored to suit diverse tastes.

Evolution and Global Spread

The evolution of Butter Chicken transcends its recipe, extending to its journey across borders. Moti Mahal, with its burgeoning popularity, emerged as a cultural ambassador, introducing this culinary gem to the world. As Indian communities dispersed globally, so did the love for Butter Chicken. In the 1970s, as Indian restaurants proliferated in the United Kingdom, Butter Chicken found a new home in the culinary landscape of London. The dish's creamy texture and rich flavour profile resonated with a global audience, making it a staple not only in Indian households but also on international menus.

By the 21st century, Butter Chicken firmly established itself as a global favourite, gracing the menus of high-end restaurants and humble food trucks alike. Its journey, from the streets of Delhi to the cosmopolitan cities of the world, reflects not only the evolution of





a dish but also the interconnectedness of cultures through the universal language of food.

Culinary Diplomacy

Butter Chicken's influence extends beyond its delectable taste; it has become a symbol of cultural diplomacy. In international kitchens, chefs often use this dish as a canvas to showcase their creativity, seamlessly fusing local ingredients and culinary techniques with the classic Butter Chicken recipe. This culinary fusion acts as a bridge, connecting people through a shared appreciation for exceptional cuisine.

The Cultural Melody

Beyond its culinary significance, Butter Chicken harmonizes with the cultural melody of India. Its popularity extends beyond borders, serving as a culinary ambassador that introduces the world to the richness of Indian flavours. The dish is not merely a product of Moti Mahal's kitchen; it encapsulates the diversity of Indian cuisine, reflecting the myriad regional spices and cooking techniques across the country.

Each region in India boasts its unique interpretation of Butter Chicken, infusing local spices and flavours into the classic recipe. For example, in Punjab, the birthplace of Butter Chicken, the dish may exude a more robust and spicy profile, reflecting the region's penchant for bold flavours. Conversely, in southern India, chefs might incorporate a hint of coconut or tamarind, showcasing the coastal influence on their culinary traditions.

Innovation in the Kitchen

As Butter Chicken traversed continents, it underwent further transformations in the hands of innovative chefs. From upscale restaurants to home kitchens, cooks experimented with the dish, giving rise to countless variations and adaptations. Some embraced a healthier approach





by substituting cream with yogurt or coconut milk, while others introduced a modern twist by incorporating fusion ingredients like avocado or quinoa.

The evolution of Butter Chicken mirrors the dynamic nature of global cuisine, illustrating how a traditional recipe can adapt and thrive in diverse culinary landscapes. The dish's versatility allows it to cater to different dietary preferences and cultural influences, ensuring its continued relevance in an ever-changing gastronomic world.

Butter Chicken in the Modern Era

In the age of social media and culinary exploration, Butter Chicken has found a new platform for appreciation. Food bloggers and influencers celebrate the dish's visual appeal, sharing mouth-watering images and recipes with a global audience. This digital presence has not only fuelled the dish's popularity but has also inspired home cooks to try their hand at creating the perfect Butter Chicken.

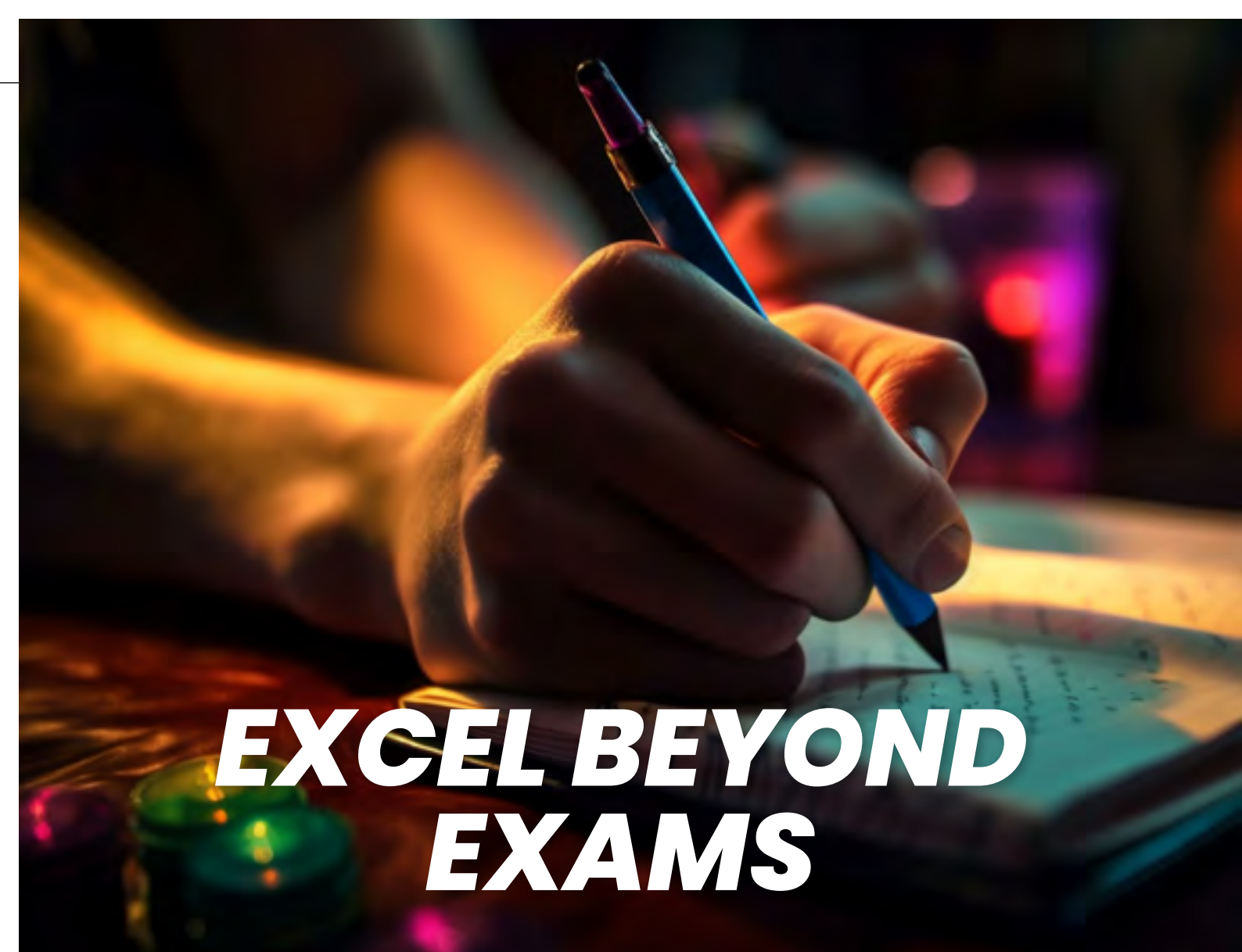
Moreover, as the demand for convenient yet authentic meals rises, ready-to-eat Butter Chicken sauces and spice mixes have gained popularity in supermarkets. This accessibility has enabled individuals to savour the flavours of Butter Chicken in the comfort of their

homes, even if they are not familiar with traditional Indian cooking techniques.

Beyond the Plate

The impact of Butter Chicken extends beyond the realm of taste. It has become a symbol of unity and celebration. From family gatherings to festive occasions, Butter Chicken often takes the spotlight, symbolizing warmth, hospitality, and the joy of shared meals. Its presence on the table signifies not just a delicious dish but also a connection to cultural heritage and the shared experiences of those who relish it.

As we conclude our exploration of Butter Chicken, we encounter a dish that transcends its culinary origins. It is a story of innovation, adaptation, and the ability of food to bridge cultures. From the smoky kitchens of Moti Mahal to the global culinary stage, Butter Chicken stands as a testament to the enduring power of a well-crafted dish. In each rendition, from the traditional to the avant-garde, we taste not just the flavours but the stories and cultural nuances that have shaped this beloved dish. Whether enjoyed in a high-end restaurant or crafted with love in a home kitchen, Butter Chicken continues to unite people through the universal language of food.



EXCEL BEYOND EXAMS

A Blueprint for Success in SSLC and Plus Two

As the SSLC (10th grade) and Plus Two (12th grade) examinations approach in Kerala, students, parents, and teachers find themselves standing at the crossroads of academic challenges and opportunities. These impending assessments, often seen as milestones, require a strategic and comprehensive approach to ensure success. In this article, we delve into a detailed guide designed to assist students, providing not just exam-focused strategies but also fostering an environment conducive to holistic learning and positive academic experiences.



Crafting a Study Schedule

A fundamental step towards effective exam preparation lies in the creation of a meticulously structured study schedule. By planning study sessions thoughtfully, students can cover all subjects, allocating more time to those perceived as challenging. This not only instils discipline but also empowers students to take ownership of their learning journey. Parents, in turn, can play a supportive role by encouraging and facilitating a conducive study environment at home. Teachers can collaborate by offering guidance on creating effective study plans and providing additional resources to aid understanding.

Understanding the Syllabus

A thorough understanding of the exam syllabus is paramount. Students must familiarize themselves with the content, allowing them to prioritize topics effectively. Parents can actively participate in this process by discussing the syllabus with their children, offering insights, and understanding their unique challenges. Teachers, on the other hand, can ensure that the syllabus is communicated clearly and can address any concerns or questions from students and parents.

Utilizing Previous Year Question Papers

Invaluable insights into the exam pattern can be gained through the careful study of previous year question papers. By solving these papers, students not only gain confidence but also develop familiarity with the structure and format of the questions. This practice not only benefits students but also allows parents to actively engage in the preparation process by reviewing question papers and discussing potential strategies. Teachers can guide students on effective ways to utilize these resources for optimal exam preparedness.

Regular Revision

Consistent revision forms the cornerstone of effective learning. By revisiting previously covered topics, students reinforce their understanding and retention of crucial concepts. Creating concise notes aids in quick and efficient review, offering a valuable resource during the final stages of preparation. Parents can play a role in supporting the revision process by creating a conducive study environment and encouraging regular breaks. Teachers, meanwhile, can provide additional revision materials and conduct review sessions to consolidate learning.

Maintaining a Healthy Lifestyle

Success in exams is not solely dependent on academic efforts but is significantly influenced by overall well-being. Prioritizing adequate sleep and adopting a balanced diet contribute to enhanced focus, mental clarity, and physical resilience. A healthy lifestyle lays the foundation for sustained academic performance, and parents can contribute by ensuring a nutritious diet and sufficient rest. Teachers can emphasize the importance of a healthy lifestyle to students, incorporating discussions on



well-being into the academic curriculum.

Taking Strategic Breaks

Recognizing the importance of breaks in maintaining productivity, students should incorporate short intervals during study sessions. These breaks prevent burnout and allow for mental rejuvenation. Engaging in enjoyable activities during breaks contributes to a positive and motivated mindset, enhancing overall well-being during the demanding exam preparation phase. Parents can encourage healthy breaks and recreational activities, while teachers can emphasize the significance of balance and stress management.

Clarifying Doubts

In the pursuit of academic excellence, seeking clarification on doubts is a crucial step. Students should actively communicate with teachers or peers to address uncertainties promptly. Additionally, leveraging online resources can provide supplementary support, offering diverse perspectives on challenging topics. Parents can foster an environment where students feel comfortable seeking help, and teachers can facilitate

open communication channels for doubt clarification sessions.

Mock Tests for Exam Preparedness

Mock tests serve as a pivotal tool in gauging exam preparedness. By replicating exam conditions, students acclimatize themselves to the pressure and time constraints. Analysing performance in mock tests not only identifies strengths but also highlights areas that require further attention and improvement, contributing to a more targeted and effective study plan. Parents can support their children through this process by creating a quiet space for mock tests, and teachers can provide feedback and guidance based on the results.

Cultivating Resilience

Amidst the rigors of exam preparation, it is crucial to cultivate resilience. Students, parents, and teachers alike should acknowledge that setbacks and challenges are integral parts of the learning journey. Encouraging a growth mindset fosters adaptability and perseverance, allowing individuals to view obstacles as opportunities for growth. By embracing challenges with resilience, students can navigate the exam season with a positive and determined attitude, ultimately contributing to their long-term success.

Embracing a Collaborative Approach

Success in SSLC and Plus Two examinations is not solely the responsibility of students; it is a collective effort. Parents and teachers play pivotal roles in creating a supportive and encouraging environment. Regular communication and collaboration between

these stakeholders foster a holistic approach to education. Parent-teacher partnerships can include progress discussions, joint strategies for effective learning, and mutual support networks. By embracing a collaborative approach, the entire educational community contributes to the success and well-being of the students.

Nurturing Lifelong Learning

As students prepare for the SSLC and Plus Two examinations, it is essential to emphasize that education extends beyond exams. Encouraging a love for learning and an intrinsic motivation to explore various subjects enriches the educational experience. Parents can facilitate this by introducing diverse learning opportunities beyond the curriculum, such as educational games, documentaries, and discussions. Teachers can incorporate real-world applications of academic concepts, fostering a curiosity that extends beyond examination requirements. Instilling a passion for lifelong learning equips students with valuable skills and a mindset that will serve them well beyond the examination hall.

As the SSLC and Plus Two examinations loom, a collaborative effort between students, parents, and teachers becomes paramount in fostering an environment conducive to success. The strategies outlined in this guide aim not only to equip students with the tools needed for effective exam preparation but also to instil a sense of confidence and resilience. Success, in the end, is not merely defined by the outcome of the exams but by the journey of growth and learning that students experience along the way. Wishing all students, the very best in their upcoming examinations!





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HARMONY OF THE MONGOLIAN STEPPE

**A NOMADIC SONATA ACROSS TIME AND
TERRAIN**



Nestled in the heart of Asia, where the vast expanse of steppes converges with the towering Altai Mountains, Mongolia stands as an enigmatic land that transcends the ordinary and beckons the intrepid soul. This nomadic realm, cradled between Russia and China, unfolds as a living tapestry woven with ancient traditions, dramatic landscapes, and an enduring spirit that reverberates across its undulating horizons.

Nomadic Life Unveiled

Embarking on this nomadic odyssey, one is immediately entranced by the living mosaic that adorns Mongolia's steppes. Nomads, the true custodians of this untamed beauty, traverse the landscape with their gers – traditional felt tents – creating a scene that seems plucked from the pages of a timeless epic. Here, amidst the vastness of the steppes, time appears to stand still, and the heartbeat of tradition resounds in the winds that sweep across the endless plains.

Nomadic life in Mongolia is a captivating dance with nature, where the ebb and flow of the seasons dictate the nomads' movements. The traditional gers, also known as yurts, are portable homes that can be quickly assembled and disassembled, allowing the nomads to follow the rhythm of nature. Each ger is a symbol of resilience, adorned with vibrant patterns and reflective of the nomadic culture's deep connection with the land.

Gobi Desert: A Symphony of Contrasts Reimagined

Journeying southward unfolds the enigmatic Gobi Desert – a realm where nature composes a symphony of contrasts. Beyond the iconic Khongoryn Els, the "Singing Dunes," the Gobi surprises with its diverse terrain. Picture a canvas painted with the golden hues of the Flaming Cliffs, where the first dinosaur eggs were discovered, unveiling a prehistoric chapter in this seemingly desolate landscape. The Gobi is not merely a desert; it is a dynamic stage where the

Earth's history unfolds, and nature reveals its artistry in every grain of sand.

To fully appreciate the Gobi Desert, one must delve into the fascinating array of wildlife that has adapted to its harsh conditions. The elusive snow leopard, wild Bactrian camels, and Gobi bears are just a few of the species that call this formidable desert home. Conservation efforts in recent years have aimed to protect these unique ecosystems, ensuring the delicate balance between nomadic life and the preservation of Mongolia's rich biodiversity.

Ulaanbaatar: Bridging the Ancient and Modern Horizon

The nomadic odyssey continues to Ulaanbaatar, the vibrant capital that seamlessly blends the ancient with the contemporary. Amidst the urban hustle, the Gandan Monastery stands as a testament to Mongolia's spiritual heritage, its ancient chants reverberating through the cityscape. A stroll through the streets reveals a dynamic city where the echoes of throat singing harmonize with the rhythms of modern life. Ulaanbaatar is more than a capital; it is a cultural crossroads where tradition and modernity engage in a captivating dance.

As the political, economic, and cultural hub of Mongolia, Ulaanbaatar serves as the gateway to the country's diverse landscapes and nomadic traditions. The National Museum of Mongolia offers a comprehensive journey through the nation's history, from the time of the Mongol Empire to the present day.



The juxtaposition of ancient artefacts and modern exhibits mirrors the city's essence, embodying the coexistence of Mongolia's rich past and its forward-looking aspirations.

Tavan Bogd: Peaks of Majestic Serenity Unveiled

To the west, the Altai Mountains rise as sentinels over Tavan Bogd, a sanctuary of majestic serenity. The "Five Saints" peaks paint a breath-taking tableau against the vast Mongolian sky. Here, nature unfolds its grandeur in snow-capped peaks, alpine lakes, and pristine wilderness. Tavan Bogd is not just a mountainous panorama; it is a pilgrimage into the soul of Mongolia, where the nomadic spirit finds solace in the untouched beauty of the western frontier.

Tavan Bogd is a haven for adventure enthusiasts, offering trekking, horseback riding, and mountaineering opportunities. The region's diverse ecosystems provide a habitat for various endangered species, including the Altai argali sheep and the snow leopard. Conservation initiatives and sustainable tourism practices are crucial in ensuring the long-term preservation of this pristine wilderness, allowing future generations to experience the untouched beauty that defines Tavan Bogd.

Preserving Nomadic Heritage: The Eagle Hunters of Bayan-Ölgii Reimagined:

Venturing further west to Bayan-Ölgii, an ancient tradition unfolds – the art of eagle hunting. Among the craggy landscapes, nomadic Kazakh communities uphold a tradition that transcends time. The bond between the Kazakh eagle hunters and their majestic golden eagles epitomizes the symbiotic relationship between nomads and nature. Here, amidst the rugged terrain, a unique chapter in Mongolia's nomadic heritage is written, echoing the enduring connection between mankind and the untamed wilderness.

Eagle hunting, or berkutchi, has been practiced for centuries by the Kazakh nomads as a means of survival and a demonstration of skill. The hunters form a profound connection with their eagles, often raising them from a young age and relying on them for hunt-



ing sustenance. The annual Golden Eagle Festival in Bayan-Ölgii showcases this ancient tradition, bringing together eagle hunters from across the region to celebrate their cultural heritage and engage in friendly competitions.

As this nomadic odyssey unfolds, Mongolia emerges not just as a destination but as a symphony of timeless splendour. From the undulating steppes to the contrasting landscapes of the Gobi, from the cultural crossroads of Ulaanbaatar to the serene majesty of Tavan Bogd, Mongolia is a living tapestry woven with threads of nomadic resilience and natural grandeur. In a world racing toward progress, Mongolia remains a sanctuary where tradition dances with the winds, echoing the timeless spirit of the nomads who call this breath-taking expanse home. This is not just a journey; it is an immersion into a nomadic symphony, where every step unveils a new note in the composition of Mongolia's eternal melody.



***THE BOND BETWEEN
HUMANS AND
ANIMALS:
EXPLORING THE BENEFITS OF PET
OWNERSHIP***

In a world often characterized by chaos and stress, there exists a profound connection that offers solace and companionship: the bond between humans and animals. Whether it's the comforting purr of a cat, the joyful wag of a dog's tail, or the gentle nuzzle of a horse, pets hold a unique place in our hearts, enriching our lives in countless ways. This article delves into the deep emotional and physical benefits of pet ownership, from reducing stress levels to enhancing social connections, while also sharing heart-warming stories that illustrate the power of the human-animal bond.

The Stress-Reducing Power of Pets

In today's fast-paced society, stress has become an all-too-common companion. Yet, amidst the chaos, the presence of a beloved pet can provide a sanctuary of calm. Scientific research confirms what pet owners have long known—animals have a remarkable ability to reduce stress levels. Studies show that interacting with pets can lower cortisol levels, the body's primary stress hormone, while simultaneously increasing the production of serotonin and dopamine, neurotransmitters associated with feelings of happiness and relaxation. Whether it's the act of stroking a cat's fur, playing fetch with a dog, or simply observing the graceful movements of fish in an aquarium, the bond between humans and animals offers a powerful antidote to the pressures of modern life.

Moreover, pets offer something that is often elusive in human relationships: unconditional love and acceptance. Their unwavering

loyalty and non-judgmental presence provide a sense of emotional security and comfort, helping us navigate life's challenges with greater resilience and optimism.

Enhanced Physical Health Through Pet Ownership

Beyond their impact on our emotional well-being, pets also play a vital role in promoting physical health. The responsibility of caring for a pet often encourages owners to lead more active lifestyles, whether it involves daily walks with a dog, interactive play sessions with a cat, or engaging in equestrian activities with a horse. These regular forms of exercise not only improve cardiovascular health and maintain a healthy weight but also boost overall energy levels and vitality.

Additionally, research suggests that pet owners experience lower blood pressure and reduced risk factors for heart disease compared to non-pet owners. The presence of a pet can also strengthen the immune system, with early exposure to animals potentially reducing the likelihood of developing allergies later in life.

Building Social Connections Through Pet Ownership

In addition to the individual benefits they provide, pets also serve as catalysts for social connections and community building. Whether it's striking up conversations with fellow dog owners at the park, bonding with classmates over a shared love of animals, or volunteering at a local animal shelter, pets have a remarkable ability to bring people together.



Therapy animals further exemplify the social benefits of pet ownership. These specially trained animals offer companionship and emotional support to individuals facing physical or mental health challenges, whether it's helping children with autism develop social skills or providing comfort to patients in hospitals and nursing homes.

Heart-warming Stories of Human-Animal Bonds

Behind every wagging tail and affectionate nuzzle lies a heart-warming story of human-animal connection. Take, for instance, the tale of Max, a therapy horse who brings joy and comfort to children with special needs through equine-assisted activities. Despite facing his own challenges, Max's gentle demeanour and intuitive nature have touched the lives of countless individuals,



serving as a source of inspiration and hope.

Another remarkable story is that of Luna, a rescue dog who found her forever home with a young boy named Alex. Suffering from anxiety and struggling to adjust to a new school, Alex found solace in Luna's unwavering companionship. Together, they embarked on countless adventures, with Luna serving as Alex's loyal sidekick and constant source of support. Through their bond, Alex learned the true meaning of friendship and resilience, while Luna found a loving family who cherished her unconditionally.

The Therapeutic Influence of Pets:

Beyond their role as companions, pets also serve as powerful therapeutic allies. The calming presence of animals has been harnessed in various therapeutic settings to support individuals facing physical or mental health challenges. From therapy dogs visiting hospitals to equine-assisted therapy sessions for veterans with PTSD, animals play a crucial role in promoting healing and well-being.

In therapeutic settings, animals provide a unique form of support that transcends verbal communication. Their intuitive understanding and nonverbal cues create a safe and comforting environment for individuals to express themselves and process difficult emotions. Whether through gentle cuddles, playful interactions, or quiet companionship, pets offer a sense of connection and reassurance that can be profoundly healing.

Research has shown that therapy animals can reduce anxiety, alleviate symptoms of depression, and improve overall mood in various populations. For children with autism spectrum disorder, interacting with therapy animals can enhance social skills, communication, and emotional regulation. Similarly, for individuals undergoing cancer treatment, spending time with therapy animals can provide a welcome distraction from medical procedures and alleviate feelings of isolation.

The therapeutic influence of pets extends beyond clinical settings to



everyday life. Many pet owners attest to the calming effect of simply being in the presence of their furry friends during times of stress or emotional turmoil. Whether it's a comforting snuggle on the couch or a playful game of fetch in the backyard, the bond between humans and animals offers a source of solace and support in challenging times.

Promoting Responsible Pet Ownership:

While the benefits of pet ownership are undeniable, it's essential to recognize the importance of responsible pet ownership. Caring for a pet is a significant commitment that requires time, resources, and dedication. Before bringing a pet into their home, individuals should carefully consider their lifestyle, living situation, and ability to meet the physical, emotional, and financial needs of a pet.

Responsible pet ownership encompasses providing proper nutrition, regular veterinary care, exercise, mental stimulation, and socialization for pets. It also involves ensuring a safe and enriching environment where pets can thrive physically and emotionally. Additionally, pet owners must adhere to local regulations regarding pet licensing, vaccinations, and leash laws to promote community safety and well-being.

Furthermore, spaying and neutering pets not only helps control pet overpopulation but also has health benefits for the animals themselves. Preventing unwanted litters reduces the strain on animal



shelters and rescues, ultimately improving the welfare of animals in need. By promoting responsible pet ownership practices, we can ensure that the bond between humans and animals remains positive and mutually beneficial for both parties involved.

The Impact of Pets on Child Development:

Growing up with pets can have a profound impact on child development, fostering empathy, compassion, and responsibility from a young age. Children who have pets learn valuable life lessons about nurturing, empathy, and emotional regulation through their interactions with animals. Caring for a pet instills a sense of responsibility and accountability in children as they take on tasks such as feeding, grooming, and exercising their furry friends.

Moreover, pets can serve as trusted confidants and sources of comfort for children navigating the ups and downs of childhood. Whether it's sharing secrets with

a loyal dog or finding solace in the purrs of a contented cat, pets offer unconditional love and companionship during times of joy and sorrow. Research suggests that children who grow up with pets may have higher self-esteem, better social skills, and increased resilience in the face of adversity.

By fostering positive relationships with animals, children develop empathy, kindness, and respect for all living beings. These lessons in compassion and responsibility not only benefit the individual child but also contribute to creating a more compassionate and caring society as a whole. As such, the presence of pets in households with children can have far-reaching benefits for both human and animal welfare.

In a world filled with uncertainty and complexity, the bond between humans and animals remains a beacon of light and warmth. Through their unwavering loyalty, boundless love, and remarkable companionship, pets enrich our lives in ways that extend far beyond the surface. Whether they're curled up at our feet, perched on our shoulders, or galloping alongside us, our furry, feathered, and scaled friends remind us of the simple joys of connection, compassion, and belonging. As we continue to cherish and celebrate the special bond between humans and animals, let us embrace the profound benefits of pet ownership and honor the remarkable role that pets play in our lives.



LOVE UNBOUNDED

**A DEEP DIVE INTO VALENTINE'S DAY
CELEBRATIONS AMONG FAMILY AND
FRIENDS**



Valentine's Day, often synonymous with romantic love, beckons us to broaden our perspectives and appreciate the diverse world of connections that reach beyond traditional romantic relationships. In this exploration, we delve into the rich and multifaceted ways in which love manifests among family members and friends, transcending the ordinary and inviting us to embrace the expansive beauty of these relationships.

In the heart of familial bonds, Valentine's Day assumes a special significance. Beyond the conventional notions of romantic love, families unite to celebrate traditions that weave the fabric of shared experiences. Whether these traditions are passed down through generations or freshly crafted, they serve as touchstones of unconditional love, creating a sense of continuity and belonging.

From intimate family dinners to shared movie nights, these rituals form the foundation of familial connections. The warmth of shared laughter, the comfort found in familiar gestures, and the joy of simply being together contribute to the rich tapestry of love within families. As we celebrate Valentine's Day, we recognize that the love shared among family members is a resilient force that withstands the test of time, evolving and deepening with each passing year.

Friendships, often the unsung heroes of our lives, are thrust into the spotlight on Valentine's Day. Beyond the romantic narrative, the day becomes an occasion to celebrate the enduring bonds forged through shared experiences, laughter, and understanding. Whether it's a gathering of friends for a heartfelt conversation or a virtual reunion with those separated by distance, the camaraderie that

friendship brings is a source of joy and support deserving acknowledgment on this day.

These connections, etched in the fabric of our lives, are the pillars that provide strength and resilience. The celebration of friendship on Valentine's Day serves as a reminder of the importance of these relationships, contributing significantly to our personal growth, happiness, and well-being.

Generational love takes prominent place as families leverage Valentine's Day to bridge the gap between different age groups. Beyond the exchange of gifts and cards, the day becomes a platform for sharing stories, exploring family histories, and fostering an intergenerational dialogue. In these moments, the wisdom of the older generation intertwines with the enthusiasm of the younger, creating a dynamic exchange that enriches the family tapestry.

Acts of service emerge as the silent language of love within families. Valentine's Day becomes an occasion to express affection through selfless gestures and actions. Whether it's lending a helping hand with chores, organizing a collective effort to support a family project, or simply being present

for one another, these acts of service strengthen the bonds of familial love.

In the vast landscape of Valentine's Day celebrations, the focus expands from romantic notions to encompass the myriad ways love manifests in our lives. As we acknowledge and appreciate the enduring connections with family and friends, we discover that love, in all its forms, is the thread that weaves the intricate fabric of our existence.

Valentine's Day, far from being a day confined to romantic partnerships, emerges as a celebration of the interconnected web of relationships that define us. The love shared among family members and friends is not bound by societal norms or expectations but is a unique and personal expression that adds depth and meaning to our lives.

Friendships, often regarded as the unsung heroes of our lives, take centre stage on Valentine's Day. This occasion becomes a moment to celebrate the enduring bonds forged through shared experiences, laughter, and understanding. Whether it's a simple phone call, a virtual gathering, or an in-person reunion, the camaraderie shared among friends is a source of joy and support that deserves special acknowledgment. This Valentine's Day, take the time to express

gratitude for the friends who have been a constant presence, contributing to the tapestry of your life.

In the hustle and bustle of daily life, it's easy to overlook the beauty of small, intimate moments with family. Valentine's Day provides an opportunity to pause and savour these precious instances. Whether it's a quiet conversation over a cup of coffee, a shared walk in the neighbourhood, or a spontaneous family game night, these small moments contribute



significantly to the fabric of familial love. Embrace the simplicity of these experiences as you celebrate the depth of connection with your family on this special day.

Modern life often scatters families and friends across geographical distances. Valentine's Day becomes a poignant occasion to bridge these gaps through digital connections. Utilize video calls, virtual games, and shared online experiences to create a sense of togetherness, despite the miles that may separate you. In the digital age, love knows no boundaries, and Valentine's Day becomes an opportunity to strengthen connections with those who hold a special place in your heart, regardless of physical proximity.

Valentine's Day can be an ideal time to embark on creative endeavours that capture the essence of family love.

Consider starting a family scrapbook or creating a digital archive of shared memories. This collaborative effort not only reinforces the sense of familial unity but also serves as a tangible representation of the love and experiences that define your family. These keepsakes become cherished treasures passed down through generations, creating a lasting legacy of love.

Amidst the celebration of love, incorporating rituals of gratitude can deepen the emotional connection within families. Take a moment on Valentine's Day to express appreciation

for each family member. Whether through written notes, a verbal acknowledgment, or a collective gratitude exercise, these rituals foster a positive atmosphere within the family. As each member feels seen and valued, the bonds of love are strengthened, creating a foundation for continued growth and support.

In navigating the landscape of Valentine's Day, let us not only celebrate the love within romantic relationships but also embrace the multifaceted expressions of love that bind families and friends together. In the intricate tapestry of our lives, each relationship adds a unique thread, contributing to the richness and depth of the human experience. This Valentine's Day, let love in all its forms be the guiding force that brings joy, connection, and meaning to our lives.

As we embrace the expansive beauty of love in its various forms on Valentine's Day, let us cherish the richness of familial bonds, the enduring strength of friendships, and the wisdom that flows through generations. In doing so, we elevate the celebration of love beyond the ordinary, creating a tapestry of connections that stands as a testament to the diverse and profound ways in which we experience and express love in our lives.



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Arjun's journey from his hometown Poojappura to pioneering KV Motors is a testament to his unwavering dedication and ingenuity. His aim? To revolutionize two-wheeler care by offering a one-stop solution for all brands under a single roof. No longer do customers need to navigate the maze of multiple service centres; here, convenience and quality

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What truly sets KV Motors apart is its dedication to precision and technology. With a team of experienced professionals, each service is executed with meticulous attention to detail, ensuring that every aspect of the vehicle is tended to with care. From routine maintenance to complex repairs, KV Motors delivers nothing short of excellence.



In a world where mediocrity often reigns supreme, KV Motors stands as a beacon of reliability and trustworthiness. So, the next time your two-wheeler needs attention, look no further than KV Motors—a testament to what happens when passion meets purpose in the realm of two-wheeler care.



But it's not just about fixing bikes—it's about exceeding expectations. With a commitment to genuine parts and top-notch service, KV Motors ensures that every vehicle leaves the workshop in pristine condition. And with a focus on customer convenience, they go above and beyond, offering additional services like RTO preparation and delivery rider support.

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Furthermore, KV Motors isn't content with resting on its laurels. Constant innovation and adaptation are the cornerstones of their philosophy. Whether it's staying ahead of the curve with the latest advancements in technology or introducing new services to meet evolving customer needs, KV Motors is always on the cutting edge. By continuously pushing boundaries and challenging norms, they're not just shaping the present—they're defining the future of two-wheeler care. So, for those seeking more than just a service centre but a partner in their journey on the road, KV Motors stands ready to exceed expectations and deliver excellence at every turn.



KATHAKALI NATANAM:

UNVEILING THE ELEGANCE OF KERALA'S TIMELESS DANCE HERITAGE

 **Atheena Nath**

In the kaleidoscope of Kerala's vibrant cultural panorama, the art form known as Kathakali Natanam stands out as a captivating thread, intricately woven into the rich tapestry of the state's classical dance traditions. Synonymous with Kerala Natanam, this extraordinary dance form transcends mere movement; it is a symphony of expression, a dance that delves into the depths of the soul.

Kerala Natanam is a multidimensional art, embracing the realms of Nrutha, where pure dance takes centre stage; Nritya, a delicate fusion of dance, music, and gesture; and Natya, a dramatic presentation seamlessly integrating Ankika (body gestures), Vaachika (verbal), Aahaarya (costumes and makeup), Saatvika (mental message and emotion), and Abhinaya (acting). The rhythmic heartbeat of this dance is intricately synchronized with Taala Mela, creating a harmonious symphony that unfolds on the stage.

Maestro's Inception

The genesis of Kerala Natanam can be traced back to the visionary Dr. Nadana Kalanidhi Guru Gopinath. On December 12, 1931, a transformative moment occurred as Guru Gopinath, collaborating with the American dancer Ragini Devi (Esther Luella Sherman), gave birth to this exquisite dance form. The inaugural performance graced the illustrious Opera House in Mumbai, marking the beginning of a cultural odyssey.

Recognition and Resonance

While the Central Department of Culture and Kendra Sangeetha Nataka Academy bestowed the prestigious classical dance status upon Kerala Natanam, the Kerala Sangeetha Nataka Academy hesitated due to its roots in Kathakali. However, the dance form transcended regional boundaries, earning accolades on the global stage. Rabindranath Tagore, recognizing its significance, appointed experts to Vishwa Bharathi University in Kolkata, cementing its place in the annals of Indian classical arts.



Legacy of Guru Gopinath



The artistic legacy of Guru Gopinath and his wife Thankamani is etched in the sands of time. Choreographing more than 150 dances, Thankamani, the first student of Mohiniyattam in Kalamandalam, played a pivotal role in shaping the nuances of Kerala Natanam.

Costumes as Artistic Expression

Distinguishing itself from Kathakali, Kerala Natanam places nuanced emphasis on character-centric costumes and makeup. Guru Gopinath's vision for costumes follows a theatrical pattern, ensuring immediate character recognition. The evolution of costumes over time mirrors the changing dynamics of society, with a contemporary aesthetic gaining prevalence, especially in venues like Kalolsavam.

Versatility in Performance

The dance form's versatility is showcased through five distinctive expressions: Ekanga Natanam (Solo), Sangha Natanam (Group), Nataka Natanam (Dance Drama Enacting a Story), Yugma Nirtham (Pair Dance), and Drama. Each form tells a unique tale, capturing the essence of the human experience.

Contemporary Reflections and Adaptable Forms

In the contemporary era, Kerala Natanam reflects a harmonious blend of tradition and modernity. With both men and women now having the opportunity to perform solo in Kalolsavam venues, a standardized 'vesham' for all performances has emerged. While aligning with contemporary norms, it also marks a departure from the traditional dress code, symbolizing the dance form's adaptability and innovation.

Guru Gopinath's Enduring Legacy

In the grand narrative of Kerala Natanam, Guru Gopinath's enduring legacy continues to resonate, reminding us that tradition, when gracefully embraced, can evolve into a mesmerizing dance of the present. His visionary contribution has not only shaped an art form but also left an indelible mark on Kerala's cultural heritage, inspiring generations to continue the enchanting dance of Kathakali Natanam.

Global Impact and Cultural Exchange

Beyond its roots in Kerala, Kathakali Natanam has become a global cultural ambassador, captivating audiences worldwide. The dance form's distinctive blend of storytelling, expression, and intricate choreography has led to international recognition and admiration. Kathakali Natanam workshops, performances, and collaborations with artists from diverse backgrounds have contributed to a vibrant cultural exchange, fostering a deeper understanding of Kerala's artistic traditions.

Evolution in Musical Accompaniment

The evolution of Kerala Natanam is not confined to its visual aspects alone; it extends to the musical accompaniment that accompanies the dance. Traditional instruments like the chenda, maddalam, and vocal renditions have evolved with time, incorporating modern elements while preserving the classical essence. This fusion of traditional and contemporary musical elements adds a dynamic layer to the overall performance, resonating with audiences of varying tastes.

Educational Initiatives and Preservation

In recognizing the importance of passing down this cultural heritage to future generations, educational initiatives and institutions dedicated to Kathakali Natanam have emerged. These institutions play a crucial role in training aspiring artists, preserving the authenticity of the dance form, and





ensuring its continued relevance in the modern world. The study of Kerala Natanam has expanded beyond the boundaries of the state, attracting students and scholars from across India and beyond.

Influence on Modern Performing Arts

The impact of Kathakali Natanam extends beyond its traditional boundaries, influencing modern performing arts in unexpected ways. Elements of its expressive storytelling, intricate hand gestures, and rhythmic footwork have found echoes in contemporary dance forms, theatre productions, and even cinematic performances. The fusion of classical aesthetics with innovative approaches demonstrates the enduring and adaptive nature of Kerala Natanam.

Community Engagement and Festivals

Kerala Natanam is not just confined to formal stages; it permeates community celebrations and festivals, becoming an integral part of cultural festivities in Kerala. During festivals like Onam and Vishu, the vibrant performances of Kathakali Natanam contribute to the festive spirit, fostering a sense of community and cultural pride. These performances serve as a living testament to the enduring popularity of the dance form within the hearts of the people.

Technological Integration and Digital Presence

Embracing the digital age, Kathakali Natanam has found a new platform for expression. Digital mediums and online platforms have become avenues for showcasing performances, conducting workshops, and reaching global audiences. This technological integration ensures that the beauty of Kerala Natanam is not confined to physical spaces but can be appreciated and shared by enthusiasts worldwide.

Kathakali Natanam, with its roots deeply embedded in Kerala's cultural ethos, continues to evolve while retaining its timeless elegance. From the visionary contributions of Guru Gopinath to its global impact, educational initiatives, and influence on modern arts, the dance form stands as a testament to the enduring power of tradition and its ability to transcend boundaries. As the dance of Kerala Natanam unfolds, it weaves a narrative that resonates with the past, embraces the present, and inspires the future.





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Explore the Beauty of Backwaters



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കേരളം നൂതനപാതയിൽ, കെ-ഡിസ്കിനൊപ്പം



കേരള ഡെവലപ്മെന്റ് ആൻഡ് ഇന്നൊവേഷൻ സ്റ്റ്രാറ്റജിക് കൗൺസിലിന്റെ (K-DISC) KGDC, YIP, OLOI, KKEM, EV Consortium, ET, Manchadi, Mazhavillu തുടങ്ങിയ പദ്ധതികൾ കേരളത്തിലെ വീകസനത്തിന് വഴിയെടുക്കുന്നു.

കേരള ജീനോം ഡാറ്റാ സെന്റർ (KGDC)

അന്താരാഷ്ട്ര തലത്തിൽ നിലനിൽക്കുന്ന മാതൃകകൾക്ക് അനുസൃതമായി ജീനോമിക് ഡാറ്റാ ക്ലസ്റ്റർ ചെയ്യുന്നതിനും പ്രസിദ്ധീകരിക്കുന്നതിനും.

യങ് ഇന്നൊവേഷൻ പ്രോഗ്രാം (YIP)

സ്കൂൾ, കോളേജ്, ഗവേഷണ വിദ്യാർത്ഥികളിൽ നൂതന ആശയ രൂപീകരണം പ്രോത്സാഹിപ്പിച്ച് നാടിന്റെ യഥാർത്ഥ ജീവിത പ്രശ്നങ്ങൾക്ക് പരിഹാരം തേടുന്നു.

കേരള നോളജ് ഇക്കോണമി മിഷൻ (KKEM)

കേരളത്തിലെ അഭ്യസ്തവിദ്യരായ തൊഴിൽരഹിതർക്ക് വിവിധ രംഗങ്ങളിൽ തൊഴിലവസരങ്ങൾ സൃഷ്ടിക്കാനുള്ള ബ്രഹ്മരത്നായ പദ്ധതി.

ഇലക്ട്രിക് വെഹിക്കിൾസ് കൺസോർഷ്യം (EV Consortium)

കൈവ്യക്ത വാഹനങ്ങളുമായി ബന്ധപ്പെട്ട ഉപസംവിധാനങ്ങളും ഘടകങ്ങളും നിർമ്മിക്കുന്നതിനുള്ള ഒരു ആവാസവ്യവസ്ഥയിലേക്ക് കേരളത്തെ പരിവർത്തനം ചെയ്യാനുള്ള കെ-ഡിസ്കിന്റെ നേതൃത്വത്തിലുള്ള കൺസോർഷ്യം.

എഞ്ചർജിംഗ് ടെക്നോളജീസ് ഇൻ ഗവൺമെന്റ് (ET)

നൂതന-സാങ്കേതികവിദ്യകൾ ഉപയോഗിച്ച് സർക്കാർ വകുപ്പുകളുടെ സേവനങ്ങൾ മെച്ചപ്പെടുത്തുന്നു.

ബന്ധാടി 'ടിച്ച് ഓൺസ് ഫോർ കേരള' (Manchadi)

മൂന്നാം കൂറുറ്റുരുത്തൽ ഏഴാം കൂറുറ്റുരുത്തലുള്ള കുട്ടികളിൽ ഗണിതത്തിലുള്ള പ്രാവീണ്യം മെച്ചപ്പെടുത്തുന്നതിനായി വ്യത്യസ്തരായ മിതിയിൽ ഗണിത അടിമുപകൾ വളർത്തിയെടുക്കാനുള്ള ശ്രമമാണ് മന്ധാടി.

മഴവില്ല് 'ടിച്ച് സയൻസ് ഫോർ കേരള' (Mazhavillu)

മൂന്നാം കൂറുറ്റുരുത്തൽ ഏഴാം കൂറുറ്റുരുത്തലുള്ള കുട്ടികളിൽ സംരംഭകത്വ ശാസ്ത്ര പഠനം എന്ന ആശയത്തെ മുൻനിർത്തി പ്രായോഗിക പ്രവർത്തനങ്ങളിലൂടെയും വിശകലനത്തിലൂടെയും ശാസ്ത്ര മേധാവി വർദ്ധിപ്പിക്കുന്നതിന് ഉന്നത നൽകിക്കൊണ്ട് പ്രാവർത്തികമാവുന്ന നൂതന ആശയമാണ് മഴവില്ല്.